

ISSUE : APRIL 2025

CONNECTIONS

The Still Hopes Community Magazine

50

Years

STILL HOPES

Turning the Page on 50 Years ...

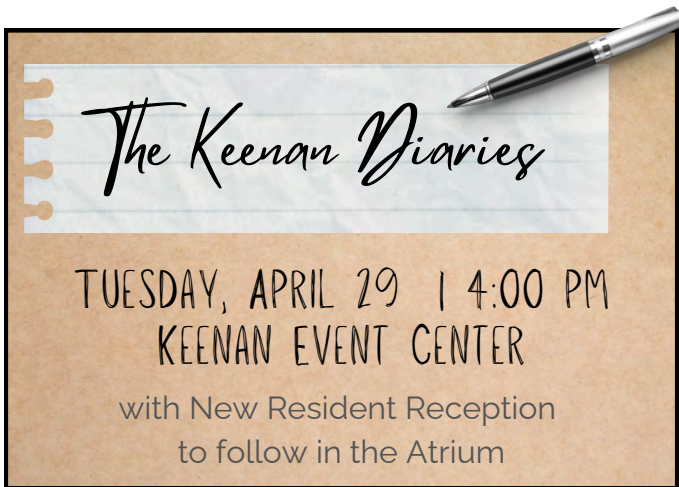
Still Hopes 50th Anniversary

January 10, 1960: Dr. Jane Bruce Guignard and
The Rt. Rev. Gray Temple break ground at Trinity Home,
now Still Hopes Episcopal Retirement Community.

Details on page 11

April Birthdays

01 Patty Hancock
02 Mary Belser
02 Karen Engelke
02 Sharon Heinz
02 Linda Law
04 Tommy Gregory
07 Julian Adams
07 Bobby Temple
11 Vivian Lewis
12 Susan Graybill
14 Ann Bowman
15 Doug Flory
15 Bruce Marshall
17 Libby Atkinson
17 Sue Shmunes
19 Jo Fortuna
19 Wendy McKay
20 Linda Dickerson
21 Joan Moss
24 Charles Israel
24 Shirley Kuiper
24 Gordon Neff
26 Anne Harrell
26 Ben Yelverton
27 Tom Gillette
27 Kitty Nicholson
28 Roxanne Corbett
29 Mary Harris
30 Judy Chaplin
30 Julia Whitsitt




The Keenan Diaries

TUESDAY, APRIL 29 | 4:00 PM
KEENAN EVENT CENTER

with New Resident Reception
to follow in the Atrium

HUB Help

THURSDAY, APRIL 17
11:30 AM
LOWRY'S CAFE'
INDIVIDUAL HELP WITH THE HUB
(STILL HOPES' RESIDENT PORTAL)



Hollywood Hits
Fridays at 3:00 pm
Keenan Event Center
****Unless otherwise noted****

April 4
**The Guernsey Literary
and Potato Peel
Pie Society**
NR | 2018 | 2h 4m
Keenan Event Center

April 11
Falling for Figaro
NR | 2020 | 1h 45m

April 12
***Saturday
Movie Matinee
1:00 pm***
Easter Parade
G | 1948 | 1h 47m
Multipurpose Room

April 25
**Where the
Crawdads Sing**
PG-13 | 2022 | 2h 5m



Bingo Bonanza!

THURSDAY, APRIL 3
4:00 PM
KEENAN EVENT CENTER



Stimulating Brain Apps
Led by Lenoir-Rhyne
Occupational Therapy
Master's Program Students

Tuesday, April 8
4:00 pm
Emile's Cafe

Spring Music Concert

Presented by

The First Baptist Church of Columbia's

Senior Choir



Tuesday, April 29 | 2:00 pm | Keenan Event Center

**VIETNAM EXHIBIT AT
SC CONFEDERATE RELIC ROOM AND
MILITARY MUSEUM
A WAR WITH NO FRONT LINES,
SC & THE VIETNAM WAR
WITH LUNCH AT MIYO'S**

Sign up in the LE Reservation
Book/Resident Charge

FRIDAY, APRIL 25

10:00 AM

DEPARTING FROM MCDOWELL



USC GRADUATE QUARTET

With Professor Bill Twillinger

Friday, April 11, 2025

1:00 pm

Keenan Event Center

Still Hopes Singers Rehearsal

*Directed by
Camille Jones*

****NEW TIME AND
LOCATION****

**3:30 PM ON
WEDNESDAYS
IN THE KEENAN
EVENT CENTER**

**FOR ALL THOSE AT
STILL HOPES WHO
ENJOY SINGING**

Apartment, Cottage, & Concierge Suites Life Engagement Bus Departure Times

TRAILBLAZER WALK AT COLUMBIA'S RIVERFRONT PARK

Tues, APRIL 1 | 2:00 PM

GROCERY SHOPPING AT PUBLIX

Wed, April 2 | 10:15 AM

LENTEN PREACHING SERIES AND LUNCH AT TRINITY CATHEDRAL

Wed, April 2 | 12:00 PM

LENTEN PREACHING SERIES AND LUNCH AT TRINITY CATHEDRAL

Wed, April 9 | 12:00 PM

BOOK OF MORMON- BROADWAY IN COLUMBIA AT THE KOGER CENTER

Tue, April 15 | 6:45 PM

LENTEN PREACHING SERIES AND LUNCH AT TRINITY CATHEDRAL

Wed, April 16 | 12:00 PM

LUNCH BRUNCH AT CALIFORNIA DREAMING

Fri, April 18 | 10:45 AM

BEETHOVEN'S NINTH- USC SYMPHONY AT THE KOGER CENTER FOR THE ARTS

Tues, April 22 | 6:45 PM

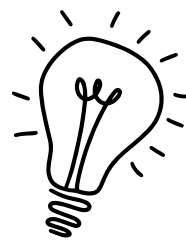
VIETNAM EXHIBIT AT SC CONFEDERATE RELIC ROOM AND MILITARY MUSEUM WITH

LUNCH AT MIYO'S

Fri, April 25 | 10:00AM

SC PHILHARMONIC CONCERT AT THE KOGER CENTER

Sat, April 26 | 6:45 PM



TEAM TRIVIA

**MONDAY NIGHTS AT
5:00 PM
IN THE KEENAN EVENT
CENTER**



Still Hopes Employee of the Month: **Keshia Riley**

Keshia has been caring for my dad for over two years, and he is always delighted to see her. She provides exceptional care, tending to his needs with attentiveness and compassion.

Not only does Keshia ensure my dad's well-being, but she also supports me by providing daily updates now that he is in hospice care. Her communication has been invaluable, helping me navigate this difficult journey. This has been an incredibly tough process, but Keshia's care and dedication have made all the difference—I truly don't know what I would do without her.

Submitted by:
A Grateful Family Member



JORDAN KNAPP PIANO RECITAL

Sunday, April 13
3:00 pm
Keenan Event Center



INTERMEZZO

Intermediate-Advanced Orchestra at USC

SATURDAY, APRIL 26
2:00 PM
KEENAN EVENT CENTER

BARNYARD BUDDIES

WITH ODOM'S MOBILE PETTING ZOO

WEDNESDAY, APRIL 30, 2025
10:00AM -12:00PM
SANDERS COURTYARD

Staff, residents, and families – everyone's welcome to come cuddle, pet, and enjoy the company of adorable animals.

They're back!!! And this time they have brought friends!

A collage of four circular photographs showing various farm animals: a brown rabbit, a white goat with a red collar, a white cow, and a white duck.



Chapel of the Holy Spirit

REV. DOUGLAS GRAY, CHAPLAIN 803.739.5033 | dagray@stillhopes.org
REV. ERIC DYE, ASSOC. CHAPLAIN 803.240.8278 | erdye@stillhopes.org

Sunday Worship Service

*Join us for Worship
in the Chapel of the Holy Spirit
Sundays • 11:00 am*

Morning Prayer

*Sundays • 11:00 am
televised on Still Hopes TV
Channel 1390/122*

Chapel Healing Service

Led by Trinity Cathedral Clergy
**The next service will be held on
Wednesday, April 9 • 11:00 am
Chapel of the Holy Spirit**
All residents are welcome to attend.
*Holy Communion and
prayers for healing.*

Holy Week Services:

Palm Sunday in the Chapel
April 13 at 11:00 AM

Maundy Thursday in the Chapel
April 17 at 4:00 PM

Good Friday in the Chapel
April 18 at 4:00 PM

Easter Sunday in the Chapel
April 20 at 11:00 AM

Bible Studies

Monday Bible Study Led By Ella Pfaehler

*Mondays • 11:00 am
Chapel of the Holy Spirit*

Monday Bible Study Weekly Gospels

*Mondays • 1:30 pm
3rd Floor McDowell Activity Room*

Men's Bible Study

The Gospel of Luke

*Tuesdays • 11:00 am
3rd Floor McDowell Activity Room*

Thursday Bible Class

The New Testament You Never Knew with N.T Wright

*Meets at 10:30 am in the
Chapel of the Holy Spirit*

We fondly remember...

ELLA DUBOSE
ALLEN MONTGOMERY
ANITA OWENS
SALLY WILSON
MARGARET JENKINS
SARA CONDE

ERIC GILFUS & BRASS ENSEMBLE

MONDAY, APRIL 14, 2025 AT 3:00 PM

KEENAN EVENT CENTER

LIFE ENGAGEMENT

Living a vibrant and full life!

Residents are given many opportunities and choices of maintaining a full, active lifestyle



Michelle Rabon
Director of Life
Engagement
mrabon@stillhopes.org
910-367-9711

A woman in a red dress and sunglasses performing on stage with a microphone.

WWW.MARYMIKELS.COM

BLIND NOTES MUSIC PRESENTS

BROADWAY & MORE CONCERT

WITH VOCAL ARTIST

Mary Mikels

MADE 1ST ROUND
AMERICAN IDOL

**THURSDAY
APRIL 10, 2025
3:00 PM CONCERT
AUDITORIUM**

A poster for a Spring Fling Dance event with a dark blue background and pink floral decorations.

Spring Fling Dance

**SATURDAY, APRIL 12
DOORS OPEN AT 6:00
DANCE BEGINS AT 6:30
KEENAN EVENT CENTER
BY RESERVATION**

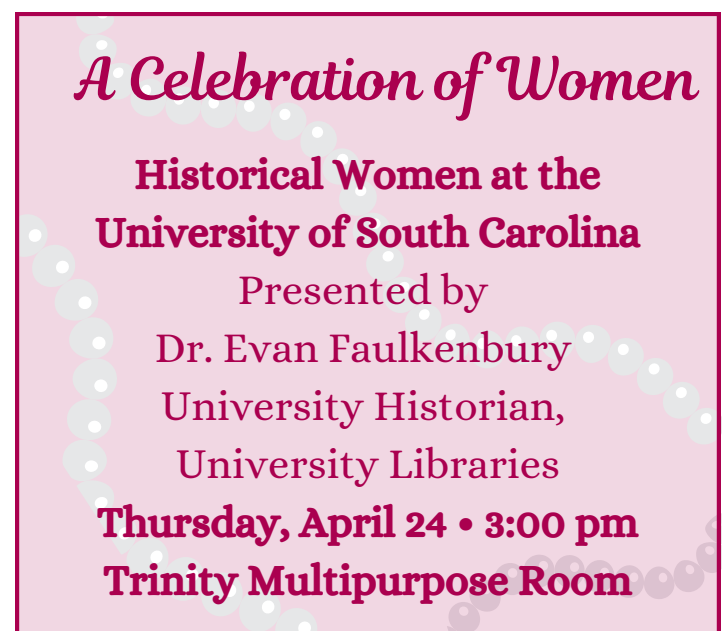
HOSTED BY LIFE ENGAGEMENT AND
THE UNIVERSITY OF SOUTH
CAROLINA COLLEGE OF PHARMACY
STUDENT NATIONAL
PHARMACEUTICAL ASSOCIATION
AND KAPPA PSI FRATERNITY

A poster for a Wine & Wickets event with a green background and a croquet ball.

Wine & Wickets

**Wednesday, April 23, 2025
5:00 pm
Susan Boyd Croquet
Court & Pavilion**

Please Register in the LE Reservation Book!

A poster for a celebration of women with a pink background and white dots.

A Celebration of Women

**Historical Women at the
University of South Carolina**
Presented by
Dr. Evan Faulkenbury
University Historian,
University Libraries
**Thursday, April 24 • 3:00 pm
Trinity Multipurpose Room**

Afternoons with Andy Armstrong Chamber Series at Still Hopes

Six performances, ten internationally celebrated artists

A magical blend of amusement, discovery, community and unparalleled artistry with renowned pianist Andrew Armstrong, joined by an array of world class virtuoso musicians, the Keenan Event Center provides the perfect setting on Main Street at Still Hopes Episcopal Retirement Community for memorable afternoons that will transcend your musical imagination.

Andrew Armstrong

Acclaimed for his solo recitals, chamber music performances and appearances with orchestras across the globe, Andrew Armstrong has a unique ability to bring the great classics within reach, whether it's your first concert or hundredth. His orchestral engagements have encompassed a vast repertoire of more than 60 concertos with orchestra as well as solo recitals and in chamber music concerts at festivals around the world. The inaugural season of his second chamber series in the Keenan Event Center is especially close to his heart.

Friends at Still Hopes are more like family than concert enthusiasts. Andy and his wife Esty, their three children Jack, Elise, and Gabriel, and their two dogs Comet & Dooker live in Worcester, Massachusetts.

Gifts to Afternoons with Andy Armstrong Chamber Series

The series is designed to afford residents at Still Hopes the opportunity to experience amazing music, without leaving their home. No travel required to another destination. Gifts support an intimate setting in the Keenan Event Center for all residents, and a unique gathering with the artists after the concert in the Atrium. Accepting donations for 2025-26!



Support the Chamber Series using one of the following options:

- Mail check for Afternoons with Andy Armstrong to Christie James, Director of Community Development, Still Hopes, P.O. Box 2959, West Columbia, SC 29171
- Contact us for details regarding direct bank cash and stock transfers: Christie James 803-739-5006 or Joe Wenger, Chief Financial Officer, 803-739-5008.

- Use the QR Code to contribute online



CHAMBER SERIES SCHEDULE

Marimbist Eriko Daimo
& Soprano Indra Thomas
Tuesday, May 13
at 4:00 pm



**NEXT ON THE
KEENAN STAGE:**
Violinist Abigel Kralik
& Cellist Rafe Bell
Tuesday, April 15
at 2:00 pm
please note time change



LEAVING A LEGACY

How Planned Giving Can Shape the Next 50 Years

Donare, the Latin word meaning “to give” comes to us from ancient Rome. At the time, it referred to wealthy individuals giving to public works and charitable causes. In the centuries since, it has become an integral part of many cultures and societies. Donating is a primary way that individuals impact their communities, support neighbors and friends, and bring to life their visions for the future.

Have you thought about the legacy you’ll leave behind? Planned Giving is a powerful way to ensure that your values live on, and that the causes and communities that you care about remain vital. At a non-profit senior living community like Still Hopes, your planned gift can make a lasting difference—often in ways you never imagined possible.

This year, Still Hopes celebrates our 50th anniversary. It’s a remarkable milestone built on five decades of care, compassion, and community, born from a single legacy gift. As we prepare for our 50th anniversary celebration next month, and look ahead to the next 50 years, we invite you to consider the role that your planned gift can play in shaping Still Hopes’ next chapter. We invite you to be part of our future ensuring that Still Hopes continues to serve seniors with excellence, innovation, and heart.

The Power of Giving

Many assume that planned giving remains only for the wealthy. But today, anyone can participate. Whether by making a simple bequest in your will, pledging from your Still Hopes Entrance Fee Reimbursement, making Still Hopes a beneficiary, or by pledging donations from your retirement account, planned gifts are an accessible and meaningful way to support an organization you love. They can provide tax benefits for you and your family while securing a brighter future for others.

Imagine what your legacy could accomplish:

- **Sustaining Care and Services** – Your unrestricted planned gift can help Still Hopes to continue to be home and community for generations to come.
- **Enhancing Programs and Facilities** – Use your

CONTINUED ON PAGE 9



planned gift for the Opportunity Fund, Life Engagement, Wellness or to a specific building or landscaping project. You can support future innovations, new cultural and wellness programs, and ensure environments that enhance quality of life.

- **Helping Others Thrive** – Planned gifts to the Resident Assistance, Employee Assistance, and Chaplain's Discretionary funds support both residents and employees in need.

A Legacy That Lives On

You have spent your lives shaping our larger community through your hard work and generosity. Now, you can extend that influence into the future here at Still Hopes. By including Still Hopes in your estate plans, you help this beloved community continue to thrive well beyond its 50th year.

Getting started is easier than you think. A conversation with your financial advisor or estate planner can help you explore your best options. I would love to be of service as you explore your ideas for the role you would like your gift to play here at Still Hopes.

As we celebrate 50 years of service, we invite you to be part of our next 50. Your legacy is more than what you leave behind—it's the impact you make today and for generations to come. Through planned giving, you can create a future for new generations of seniors that reflects your values and enriches the lives of others.

Your generosity today will inspire tomorrow!
My door is open ...



Christie James
Director of Community Development
cejames@stillhopes.org
803-739-5006



A Tribute to the Rat Pack

The Rat Pack performance at the Newberry Opera House had the kind of 'spirited' vibes our residents loved.

Members of the Cayce Artists Guild are thrilled to have its fifth annual show at Still Hopes Episcopal Retirement Community, made extra-special combined with the 50th anniversary of Still Hopes! Since CAG is and many of its members are local to the Cayce/West Columbia area, the exhibit at Still Hopes is especially appreciated. Renea Eshleman, Show Chairman, expects the 2025 show to be the “best yet.”

An Artistic Legacy Reception Celebrating 50 Years of Community with the Cayce Artists Guild, will include an awards ceremony on Tuesday, May 6, 4:30-6:30 PM. Still Hopes residents and staff members as well as others who attend the reception are invited to vote for their selection for the coveted People’s Choice award.

The Guild offers members many opportunities to be active in the arts community. Members and other artists present great programs at monthly meetings September through May; members may offer their art at various venues in the midlands and periodic pop-up art days. These events provide access to the public to art created by a remarkably talented group of artists.

Organized in 2018, the general purpose of CAG is to encourage and stimulate the practice and appreciation of the creative arts. The term “creative arts” includes visual, musical, and performing arts. CAG strives to support a vibrant arts district centered in Cayce for citizens to learn about, participate in, and enjoy art; stimulate interest in the creative arts by promoting and developing programs and projects that are of educational value; present quality art learning experiences, performances, exhibits, and sales to the community it serves; and assist or encourage local efforts which enable citizens of the midlands to create their own art.



The First Place (professional) and People’s Choice winner in 2024 was Roy Paschal’s watercolor, “Cow Girl.”



George Stone’s oil painting, “Edisto Sunset,” won the 2024 Best of Show Award.



50th Derby Jubilee, featuring The World Famous Glenn Miller Orchestra
Saturday, May 3, 2025 ■ 7:00 PM ■ Keenan Event Center ■ All Residents Invited
Doors open at 6 pm, Atrium

Dress in Kentucky Derby attire to kick off the 50th Anniversary week!

Enjoy heavy hors d'oeuvres and big band music by the Glenn Miller Orchestra.

No reserved seating. RSVP with Life Engagement. Available seating in the Palmetto Dining Room,* Keenan Event Center, Atrium, and Main Street. The performance will also be live-streamed on Still Hopes TV Channel 1390/122.

**PDR will be closed to accommodate this event.*

Still Hopes Day at Trinity Cathedral
Sunday, May 4 ■ 11:00 am ■ Trinity Cathedral
 1100 Sumter St, Columbia, SC 29201
 Transportation Provided- by RSVP Only

Trinity Cathedral Dean's Quarterly Meeting
Monday, May 5 ■ 3:00 pm ■ Keenan Event Center
 Celebrating 50 years of partnership

Hosted by the Daughters of the Holy Cross. Members of Trinity Cathedral Invited

Artistic Legacy Reception, featuring Cayce Artists Guild
Tuesday, May 6 ■ 4:30 pm ■ Keenan Event Center ■ All Residents Invited
 HopeWell Art Gallery, Emilie's Café & Courtyard

Enjoy a southern garden and charcuterie reception with the Cayce Artists Guild, the Still Hopes Resident Art Committee, and local leaders

Still Hopes in Time
Wednesday, May 7 ■ 3:00 pm ■ Keenan Event Center ■ All Residents Invited
 Join us in the Keenan Event Center while we explore Still Hopes' rich past, vibrant present, and exciting future with guest lecturers Emilie Guignard, Rhonnie Newton and Danny Sanford

Evening At The Mansion
Thursday, May 8 ■ 5:00 - 8:30 pm ■ By Invitation. Ticketed event
 Join us for a Diamonds & Denim High-Low Country Bash! We'll celebrate Still Hopes' 50 Years with fun, friendship, and fundraising for the Resident Assistance Fund.

Community Services

AN ONSITE, ONGOING PROGRAM FOR
APARTMENT, CONCIERGE SUITES &
COTTAGE RESIDENTS



Kim Carpentier
Director of Community
Services
kmcarpentier@stillhopes.org
803.739.5047

HEALTHY DYNAMICS

NEWS YOU CAN USE!

Thursday, April 17 at 3:00 pm

Keenan Event Center

Early Detection Neuropathy Seminar



presented by Dr. Mark
Bentley from The
Bentley Chiropractic
Wellness Center

BENTLEY
CHIROPRACTIC
WE CARE

Dr. Bentley will discuss the signs &
causes of neuropathy as it pertains
to chiropractic care.



*And of course, there will be
chocolate!*

Open To Hope Grief Support Group

Please join group leaders **Nela Edgar,**
& **Patsy Malanuk** for support and resources
following the loss of a loved one.

April 9 & April 23

1:00pm – 2:00pm

Guignard Music Parlor

Hearing Services

Hearing Device Specialist **Mike Arndt**
Please call Mike's office,
Digital Hearing Outlet at 803-490-2920
to schedule an appointment to be seen
at Still Hopes.

PRESCRIPTION MEDICATION DISPOSAL

**Bring your outdated or unused
prescription medication to
the McDowell Front Desk
on Tuesdays and Thursdays
from 9:00 am – 11:00 am**

**PLEASE MARK THROUGH ALL
PERSONAL INFORMATION ON
THE MEDICATION LABEL.**

PODIATRY SERVICES

Podiatrist Dr. Keyoka Smith will be
at Still Hopes in the

**Wellness Center Spa Room
on Wednesday, April 9 & 30**

Please sign up to see Dr. Smith in the
Healthy Dynamics book on Main Street.

**We will call you to schedule your
appointment.**

Due to high demand, we occasionally
experience a waitlist for new patients.
If you are interested in becoming a patient of
Dr. Smith's, Holly Faulkenberry is happy to
discuss her current availability with you.
Please call Holly at 803-995-8133.

WELLNESS CHECKS

Mondays and Thursdays
from 9:30 AM - 11:00 AM



Monday Location:
Card Room 2
on McDowell 2nd Floor

Thursday Location:
Spa Room 1
In The Wellness Center

Wellness Checks are performed
by our Solutions for Living at
Home staff members.

Parkinson's Support Group

Welcomes those living with Parkinson's
Disease and their care partners to join us
at our next quarterly meeting on:

Friday, May 16
11:00 am - 11:45 am
Keenan Room 3

Clearing the Path & Finding The Way: Dementia Resource Group

Open to all residents who are care partners
to those navigating cognitive challenges.

Tuesday, April 8 | 1:30 pm-2:30 pm
McDowell 3rd Floor Activity Room

SHARE: *Caregiver Support Group*

*open to all residents who are care
partners for a spouse*

Tuesday, April 1
1:30 pm-2:30 pm
McDowell 3rd Floor Activity Room

Mindfulness and Meditation

Each Wednesday from
4:00pm -4:30 pm in the
Guignard Mansion

NO EXPERIENCE NECESSARY!

*"It always seems impossible until it's done."
Nelson Mandela*

The Visionaries:

Low Vision Support Group

Wednesday 2:00pm -3:00pm

April 16 Guignard Dining Room

This group is open to all residents living
with low vision



Shoppe on Main

*Gifts, Lifestyle Items, Cards, Snacks,
Martha's Menna Cheese*

10:00 am to 12 pm & 1:00 pm to 3:00 pm

Life Engagement Services

MAIN STREET HAIR SALON

Jessica Crawford & Rachael Johnson
Monday-Friday
803.739.5017

ALTERATION SERVICES DESIGNS BY JUANITA

Every Wednesday, 10:00-11:00 am
McDowell Second Floor Card Room #1
No Cash, Resident Charge Only!

MEDICAL TRANSPORTATION

Monday-Friday
James Gary, Transportaion Coordinator
803.995.8126

2025 CATCH ME IF YOU CAN

MILEAGE CHALLENGE

• ROAD MAP TO VICTORY-PART 2 •

The Triple Crown Part 2: The Preakness Stakes

■ Wellness Center ■

Monday, March 31 – Friday, April 4

Saddle back up in the Wellness Center to ride your favorite thoroughbred (bike/NuStep) earning steps to the finish line.

Join us in the Wellness Center on Friday, April 4th at 10 am for a final run event.

Still Hopes 5k and 1 Mile Fun Walk

Saturday, April 5 ■ 10:00 am ■ Still Hopes Forest

Ready, Set, Go! Join us for our second 5K race and 1 mile fun walk on campus. Register with the Wellness Center at (803) 223-6180 or fill out the registration form on The Hub under the Wellness Tab.

Easter Phrase Finder

Monday, April 14 – April 18

The Easter Bunny was spotted leaving the Wellness Center and placing letters throughout Mainstreet. Help the Wellness Team uncover the secret message left by the Easter Bunny in this Easter Phrase Finder! Stop by the

Wellness Center at any point during the week of April 14th to pick up a handout to complete this Easter Phrase Finder. Don't forget to track those steps while searching for those letters!

The Triple Crown Part 3: The Belmont

■ Wellness Center ■

Monday, April 21 – April 25

Saddle up one last time to complete The Triple Crown with The Belmont starting on Monday, April 21st! On Friday, April 25th at 10 am come to the Wellness Center and ride your favorite thoroughbred (bike/NuStep) one last time to the finish line in this final run event.

Stop Me If You Can – The Finale: Residents vs. Employees

Friday, May 2 ■ 9:00 am- 3:00 pm ■ Keenan Center

We are still competing against Bishop Gadsden and The Woodlands at Furman but splitting Still Hopes into two, Residents vs. Employees. The Residents won our opening event and want to keep their title. During this all-day event come to the Keenan Event Center at any point between 9am – 3 pm to ride.

**ARE YOU A CYCLIST, RIDE
A BIKE, OR WANT TO RIDE
A BIKE? IF SO, CONTACT
TAYLOR HALL AT
803-739-5044 OR
THALL@STILLHOPES.ORG**

EARTH DAY AT STILL HOPES

Earth Day 2025 will be celebrated around the world on April 22. Here at Still Hopes we readily affirm our love for this little spot on Earth that we call home. We are, indeed, fortunate to be able to enjoy the natural beauty of our 59-acre campus and the clean water and air that sustain us. Let's honor and celebrate our Mother Earth.

How will we celebrate Earth Day? In a couple of ways consistent with Earth Day 2025 initiatives: planting trees, recycling, and appreciating nature. A special program will be presented on April 22 featuring two community leaders involved in different aspects of the environment and conservation: planting trees in Columbia's heat zones and learning more about our own natural world. It promises to be interesting.

Let's think about how to manage plastic waste here in our domain. Although Still Hopes residents strongly support recycling, there appears to be a gap in understanding about what is and what is not recyclable. To raise consumer awareness, there will be a display and a challenge to identify which plastic containers can be refused, reduced, recycled, reused, or repurposed (the five R's of plastic waste). Hint: plastic straws are not recyclable.

How else can you participate in Earth Day? For a boost in your sense of well being, take a walk in our wooded Forest and marvel at the wonder of spring; while there, stop and listen for birds singing or watch them busily searching for insects for their young; and, for your own pleasure, buy a colorful plant for your front door or balcony. Our Earth and nature are amazing. Notice and enjoy!

Hillary J. McDonald
Chair, Environment & Grounds Committee

A Request for Still Hopes 50th Anniversary Photos

If you have a favorite anniversary photo you would like to share, please contact Kimberley Koon, Life Engagement Coordinator at klk@stillhopes.org or visit her in the River Banks Neighborhood/Activity Room.

MAINTAINING FAITH AND BUILDING COMMUNITY HERE AND ABROAD



By Judy Milone

Pennsylvania, Japan, Ohio, Canada, Texas, Gastonia, NC, and Columbia, SC. An unlikely list of locales that traces the lives of two individuals- Ruth and Sanford Marcus. Throughout their marriage, schooling, careers, family raising, community involvement and vast contributions to the public and to Jewish life, this couple has graced all those places with their unique gifts. And currently for Ruth, Still Hopes can be added to the list.

Sandy and Ruth began their life together in the early 1960s. With the Vietnam War heating up, Sandy enlisted in the Air Force, and the couple was sent to Japan for three years. There they became leaders of the Jewish military community, with Ruth also teaching and serving as school principal and Sandy at work as an USAF intelligence officer. Their mutual interest in supporting Jewish community life grew and Sandy decided to attend rabbinical school when he was released from service. His career took him to a number of congregations over the decades. Rabbi Marcus led Tree of Life Synagogue in Columbia for 20 years and upon retirement he served as Rabbi Emeritus for 16 years. He created and led ministries of worship, education, social justice, and inter-religious relations. He touched many lives and (continues on page 17)





(continued from page 16) many persons [including some who are Still Hopes residents now] recall him warmly. Sandy excelled a good listener, an excellent speaker and educator, and a champion of Jewish values. Tree of Life members recall his and other members, in 1986, walking their holy Torah scrolls the six miles from their former location in Shandon to their new synagogue on North Trenholm Road. True to his nature, Sandy made it an inclusive community event, with a police escort and folks in front of various churches offering water. Rabbi Marcus also served as an adjunct professor of religion at USC for 22 years. He himself was a life-long learner, devoted to his family and to the maintenance of Jewish life.

Rabbi Marcus passed away in 2022. To memorialize his work, Tree of Life created a Legacy of Rabbi Marcus Program which includes a yearly guest speaker, who presents a series of talks honoring the Rabbi's values of social justice and caring. A scholarship fund in his name was also created. This year's events were attended by Ruth, her daughter and granddaughter, joined for the first night by several of her Still Hopes friends.

Ruth is the other large part of this story. Her mother was a doctor, so her evolution as "a formed adult", as she puts it, was more than encouraged. Initially Ruth taught elementary school but in Canada switched to real estate, earning the required accreditations and trainings. In Columbia, Ruth enjoyed an active real estate career, working as Director of Education for Russell & Jeffcoat Real Estate Company. In retirement, she taught Mah Jong, and brought those skills with her here. She raised three children and has been blessed with five grandchildren. Ruth moved to Still Hopes in 2023 where her values of life-long learning, hospitality and people-centeredness are in evidence. This, despite Ruth's authentic modesty and understated personality. Residing at Still Hopes is "the right place" for her now, she states, while she still cherishes Tree of Life Synagogue as home.

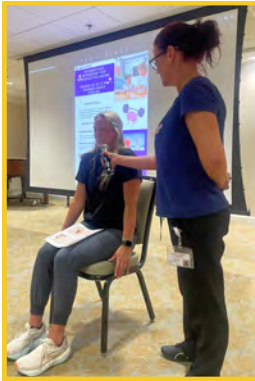
The fabric of life at Still Hopes is strengthened by residents like Ruth who bring with them so much life experience. Learn more about your interesting neighbors by reading Connections, participating in events, and attending the monthly Keenan Diaries interviews.



Interactive Workshop for Cognitive Learning by Lenoir-Rhyne/Columbia Occupational Therapy students



Residents discovered how to enhance their cognitive abilities by interacting with OT students in various activities and exercises to improve health and wellness. The students will return to share cognitive stimulating Apps residents can use on their mobile devices on Tuesday, April 8 at 4 pm in Emilie's Café.



The Beekeepers

Residents learned about the innerworkings of bee hives, how to manage a colony, the extraction of honey, bee therapy, and just how bees sustain our lives during a presentation by two different beekeepers. Plant Ops Construction Tech Hunter Allen has been a beekeeper since he was a teenager. Russ Rabon just started tending bees in the backyard of his patio home this past year at age 62. Thank you to Hunter for bringing his beekeeping equipment for residents to understand the hobby first-hand and to Russ for his video which chronicled his first year of beekeeping with his wife, Michelle Rabon, Director of Life Engagement.





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HOURS OF SOLUTIONS SERVICES

HOW TO WIN

- FOLLOW**
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- COMMENT**
Tag your friends in the comments who would love our services
1 tag = 1 entry!
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Share this post on your feed or story

DRAWING ENDS APRIL 14TH!
WINNERS WILL BE ANNOUNCED THE NEXT DAY ON FACEBOOK
facebook.com/solutionsforlivingathome



VIBRANT MINDS
Creative Hands, Healthy Minds
USC Students
2 pm
Arts on Main Studio
Sunday, April 6 &
Sunday, April 27

Dance Marathon

Tuesday, April 8, 2025
1:00-4:00 pm · Keenan Event Center

Gain Mileage for the "Catch Me If You Can" Walking Challenge & have fun grooving with your neighbors, staff and special guests!



Laissez les bons temps rouler!

Residents paraded across campus to the Keenan Event Center with Cola Jazz's Chris Reed & the Super Band during Fat Tuesday's Mardi Gras party. We let The Good Times Roll while listening to good jazz that transported us to Bourbon Street in New Orleans.



STILL HOPES

Episcopal Retirement Community

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West Columbia, SC 29171-2959
stillhopes.org

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Field Day 2025

WATCH EMPLOYEE TEAMS COMPETE FOR THE COVETED
EMPLOYEE FIELD DAY TROPHY AND VOTE FOR 'MOST
SPIRITED' TEAM.

WATER & BOILED PEANUTS PROVIDED.
LIMITED SEATING AVAILABLE - BRING YOUR STADIUM
CHAIR, SUN HAT, AND SUNSCREEN!

TUESDAY, APRIL 29
10:00 AM

FOREST GROUNDS NEAR THE PUTTING GREEN